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GASTROSCOPY INSTRUCTIONS:

Location: Eagle Ridge Hospital
475 Guildford Way, Port Moody

Check-in: Arrive at Patient Registration 45 minutes before your appointment.

If you have any questions or would like to change the appointment, please contact our office. 604-526-2440. drkonkinmoa@gmail.com

Preparation Instructions

- No food or water after midnight before procedure (no gum, candy, coffee).
- Take essential morning medications with a small sip of water only.

Transportation / Sedation

- You will receive conscious sedation and cannot drive yourself home.
- Arrange a responsible adult to pick you up in Ambulatory Care and stay with you post procedure for 24 hours.
- No driving, operating machinery, or making legal decisions for 24 hours.

Duration

- Expect to be at the hospital for approximately 2.5 hours.

Fees

- \$100 fee for missed appointments or late cancellations.

What to Expect

- A thin flexible camera examines your stomach and upper intestine.
- Most patients do not remember the procedure due to sedation.
- Temporary sore throat, bloating, or tiredness may occur.

After Procedure

- Rest for the remainder of the day.
- Start with fluids and light food when fully awake.

Seek Medical Help If

- Severe abdominal pain or swelling.
- Vomiting blood or black stools.
- Difficulty breathing or severe dizziness.
- Fever or chills.